



## WALK DAY INFORMATION

**Park/Parking:** Huntington Central Park is located on Edwards between Slater and Ellis in Huntington Beach. There is a stop sign at Central Park Drive where you will turn. Walk for Brain Injury Awareness signs will guide you toward the park. There is plenty of free parking at the entrance to the park. Handicap parking is also available.

**Registration and Check-In:** All walkers must check-in at the registration area. If you are pre-registered, there will be an area for you to sign in, get your t-shirt, and hand in your donations. If you did not register in advance, you can do so on the day of the walk. Registration opens at 8:00 am.

**Pre-Walk:** Enjoy a light continental breakfast and an invigorating warm-up prior to the walk in our Brain Pavilion. Gather information at the various exhibitors' booths or browse our raffle table. Purchase a ticket for an item of your choice.

**Walk Route:** The 5K walk is purely optional and participants are not required to walk the full course. Those choosing not to walk are encouraged to stay in the Brain Pavilion. The walk route is wheelchair accessible and dogs on leashes are welcome.

**Directional Signs:** Directional signs and volunteers will point you in the right direction.

**Rest Stops:** Rest stops along your route that will provide water. Friendly volunteers will be on hand to provide encouragement and assistance if needed.

**Appreciation:** Coastline's ABI program staff and volunteers will be there to greet you at the finish line and thank you for your dedication.

**Celebration:** When you have completed the walk, spend some time in the Brain Pavilion and celebrate your achievement with the many volunteers and participants you will find there. The raffle will be held at approximately 11:00.

**REGARDLESS OF WEATHER, THE WALK WILL GO ON!**